

Northwestern Connecticut Community College
Course Syllabus

Course Title: Therapeutic Recreation Programming

Course #: RLS C221

Course Description: A study of the equipment selection, leadership techniques and program modifications required for appropriate special programs designed to meet the needs and interests of members of various special populations. Basic Therapeutic Recreation Programming Techniques to enhance change as necessary related to physical, psychological, cognitive, social and spiritual needs.

Prerequisites: Familiarity with computer education format.

Goals:

- * To raise student awareness of therapeutic recreation settings and clients, residents, and patients of TR services and how Therapeutic Recreation Directors function as leaders in healthcare settings.
- * To introduce students' to the "Leisure Ability Model".
- * To increase students' knowledge of programming protocols for diverse special populations and how to implement creative and innovative calendar development for diverse populations.
- * To introduce students to documentation required by State and Federal regulatory agencies as part of their job duties as therapeutic recreation specialists.
- * To have students understand principles and methods of motivation as a tool in promoting participation of clients at therapeutic recreation programs.

Outcomes: By the end of the course, students will be able to demonstrate an understanding of:

- * Appropriate activity selection program design related to clients' preferences and needs
- * Implementation of appropriate assessments, goals, plans, and evaluations for clients of therapeutic recreation.
- * Therapeutic recreation programming to meet the physical, cognitive, social, psychological, emotional and spiritual needs of clients.
- * Compliance with the new F-Tag regulations and other regulatory requirements for mandatory documentation and programming.
- * Leadership skills as professionals in the healthcare industry.
- * Person-centered approaches in therapeutic recreation programming.

* Therapeutic recreation interventions as team members in conjunction with other healthcare professionals.