

# NORTHWESTERN CONNECTICUT COMMUNITY COLLEGE

## **COURSE SYLLABUS**

**Course Title:** Nursing Care Of Individuals And Families I

**Course #** NUR 201

### **Course Description**

The student will focus on holistic care of individuals and families across the lifespan with a variety of health care needs. The needs of clients experiencing endocrine, respiratory, gastrointestinal, cardiovascular conditions and selected mental health disorders are examined. Bioterrorism as a health care issue will be addressed. Clinical laboratory experience provides the student an opportunity to administer care to a diverse population of clients in a variety of acute care and community health care settings. The student will utilize critical thinking, caring, professionalism and communication skills in the care of the client. Emphasis is placed on provision of safe and competent care and development of the professional role as a member of a multidisciplinary health care team. Over the semester, the student is increasingly challenged in the clinical area with more complex client assignments.

### **Course Components**

9 credits

Classroom: 60 hours

Clinical/College Laboratory: 225 hours

### **Pre-requisite/Co-requisite:**

#### **Course Pre-requisites**

NUR 102: Family Health Nursing

NUR 103: Pharmacology for Families Across the Life Span

PSY 201: Life Span

SOC 101: Principles of Sociology

#### **Course Co-requisites**

NUR 202: Pharmacology for Individuals and Families with Intermediate Health Care Needs

ENG 102: English Composition & Literature

### **Goal :**

The nursing student will be able to utilize critical thinking skills, and implement therapeutic communication techniques in a professional, ethical manner when applying the nursing process to provide safe, competent care of clients in a variety of acute care and community health care settings.

### **Outcomes:**

At the completion of this course, the student will be able to:

1. Implement principles of holistic care for individuals, families and groups from diverse cultures across the wellness-illness continuum.
2. Analyze multiple variables when implementing the nursing process in the care of individuals, families, and groups from diverse populations across the wellness-illness continuum.
3. Integrate evidence-based practice, quantitative reasoning and technology in providing competent care to individuals, families, and groups with intermediate health problems.
4. Utilize therapeutic communication techniques in providing care to individuals, families, and groups with intermediate health problems.
5. Implement a teaching plan for individuals, families, and groups with learning needs.
6. Integrate respect for human dignity through therapeutic relationships with individuals, families, and colleagues.

7. Function effectively as a member of the health care team.
8. Implement legal and ethical practice standards in providing care to individuals, families and groups with intermediate health problems in diverse health care settings.
9. Evaluate the professional nursing roles within the health care delivery system.