

**Northwestern Connecticut Community College**  
**Course Syllabus**

**Course Title:** “Intro To Therapeutic Recreation”

**Course Number:** RLS \*C121

**Course Description:** Therapeutic recreational services in hospitals, residential centers, correctional, and special institutions. Relationship of therapeutic recreation with other rehabilitative services.

**Prerequisites:** Knowledge in communication in computers—Access to a computer—Ability to return assignments to instructor—Ability to communicate with peers in online discussion posts created by instructor.

**Goals:** Students are expected to understand the roll of the professional Recreational Therapist in hospitals, long term facilities, corrections, assisted living communities, and in community settings for special care.

- Students are expected to be able to work in such settings as a valuable member of the medical team.
- Students are expected to be able to identify various disabilities and determine the individual’s needs and interests so that appropriate recreation programming can be determined and implemented.
- Students are expected to be familiar with public laws and with the customs and terminology related to the treatment of persons with disabilities.

**Outcomes:** Upon successful completion of this course the student will be able to:

- Recognize and identify the special population groups served by Therapeutic Recreation professionals.
- Identify various disabilities and the common symptoms of them.
- Understand key terminology as it relates to the practice of Therapeutic Recreation.
- Discuss Therapeutic Recreation from a historical and professional perspective
- Identify some of the professional associations that promote knowledge and ethical practice in TR.
- Employ necessary standards for Therapeutic Recreation
- Successfully be able to implement Therapeutic Recreation programs- activities utilizing program planning with diverse populations-process evidenced in weekly case studies/creative workshops and individual program presentation.