Dear Student:

This letter is a reminder that classes begin January 22, 2020. If you wish to register for classes, please complete the registration form on the back of this letter and return it to us by January 17th. If you already sent in your registration form, please do not respond to this mailing.

I have included course descriptions and a Registration Form on the reverse side of this letter. The Registration Form has many of the classes that our senior citizen students enjoy taking. Please place an “X” next to each class that you would like to be registered for. Please also indicate whether you wish to audit the class or receive credit. We begin registering students who are using the senior citizen tuition waiver the first week of classes. Your early response is encouraged.

Please return the completed form to:

NCCC
Attn: Registrar’s Office
Park Place East
Winsted, CT 06098

If you have any questions, please call Kris Kennedy at 860-738-6312.

Thank you!

Debra Zavatkay, Ed. D.
Registrar
### Spring 2020 Courses

<table>
<thead>
<tr>
<th>X</th>
<th>CRN</th>
<th>Subject</th>
<th>Course Number</th>
<th>Title</th>
<th>Day</th>
<th>Start Time</th>
<th>End Time</th>
<th>Start Date</th>
<th>End Date</th>
<th>Building</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1106</td>
<td>ART*</td>
<td>C187</td>
<td>MT: MFA Boston, Women &amp; Freud</td>
<td>Friday</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>4/17/2020</td>
<td>4/24/2020</td>
<td>FH Aud</td>
</tr>
<tr>
<td></td>
<td>1387</td>
<td>HPE*</td>
<td>C261</td>
<td>Yoga 4/7 - 4/30/20</td>
<td>Tues &amp; Thurs</td>
<td>6:35 PM</td>
<td>8:09 PM</td>
<td>4/7/2020</td>
<td>4/30/2020</td>
<td>W Mills</td>
</tr>
<tr>
<td></td>
<td>1043</td>
<td>MUS*</td>
<td>C298</td>
<td>ST: Celebrate Women Composers</td>
<td>Tuesday</td>
<td>1:00 PM</td>
<td>4:00 PM</td>
<td>3/31/2020</td>
<td>4/28/2020</td>
<td>FH Aud</td>
</tr>
</tbody>
</table>

- If a class you want to take is not listed, please write the information in spaces provided.
- Put an X next to the class you want to register for.
- Do you want to receive a grade for this class? **Yes** or **No** (circle one)

Student Signature_______________________________________________________ Date ______________________

Registrar's Approval __________________________ Date ______________________ Waiver Applied _____SC_____ Total Credits _____
ART 187 Museum Treasures: MFA Boston - Self-Portraiture and Women

The four-part lecture series focuses on three exhibitions at the Museum of Fine Arts Boston. *Women Take the Floor* celebrates female artists on the centennial of the suffrage movement. This show includes 200 works by female artists over the last 100 years. *Lucian Freud: The Self-Portraits* is the main attraction. It is a collection of self-portraits by twentieth-century British artist (and grandson of Sigmund Freud), Lucian Freud. It has been organized by the Royal Academy of Arts, London. This exhibit is Freud's first in Boston and the first anywhere of the artist's self-portrait oeuvre, which spans from 1940 through the twenty-first century. This exhibition runs concurrently with *Personal Space: Self-Portraits on Paper*, which displays sixty contemporary self-portrait drawings and prints by artists known for self-portraiture. Artists emphasized are Kathe Kollwitz, Jim Dine, Robert Rauschenberg, Kiki Smith, and some local Boston artists, including Boston University Professor Emeritus John Wilson (1922-2015). The fifth class is a field trip to see the shows at the Museum of Fine Arts Boston which has three restaurants and is a world-class museum known for its ancient collections and Impressionism paintings. **Lecture Dates:** Fridays, March 27, April 3, 17, 24, 2020. (Skip April 10th, Good Friday – College Closed.) 1:00-4:00 in Founders Hall Auditorium.

**Field Trip:** Friday, May 1, 2020. **The bus will be leaving from Commuter Parking Lot on Route 44 between Ledgebrook Plaza and Lombard Ford at 7:30 a.m.** Field trip required for credit students. **There will be a non-refundable charge for transportation and museum entrance.** All monies must be paid by the second class meeting. The course is subsidized by the NCCF / RAC.

Yoga – Dates below
This course is located at YOGA AT THE MILL STUDIO 312, 100 WHITING ST. Step-by-step, learn the basics and the true meaning of yoga with short lectures. You will come away with the knowledge, practice of breathwork, postures with proper alignment, and meditation. "On or off the mat you will be able to practice". Essential oils are used for relaxation. Any allergies, please let the instructor know. **Class time:** 6:35 - 8:09 p.m. p.m.

- **HPE 261-61 Yoga Session I, Tuesday/Thursday** 2/4 – 2/27/20
- **HPE 261-61 Yoga Session III, Tuesday/Thursday** 4/7 – 4/30/20

MUS 298 Special Topics: A Celebration of Women Composers – Finally Breaking Through the Male-Dominated World of Classical Music

There have always been women composers. As far back as the seventh century BC, Sappho, the Greek lyric poetess, played her own accompaniments on the barbiton and the pektis. Throughout the twelfth century there were female troubadours and during the sixteenth, madrigal composers. Francesca Caccini (1587-1638) is thought to be the first woman to write an opera and Elisabeth-Claude Jacquet de la Guerre (1663-1729), the author of an early ballet. It is not until the end of the nineteenth century, however, that significantly more women begin to enjoy public performances of their music and become professional composers. Perhaps you’ve heard of Amy Beach, Augusta Holmes and Dame Ethel Smyth?

Jeffrey Engel will highlight the lives and the music of several distinguished female composers who attained recognition and success during the last decades of the nineteenth and the early ones in the twentieth centuries.

To obtain credit, student attendance is mandatory at all five sessions.

**Lecture dates:** March 31, April 7, 14, 21. **April 28 is a makeup day or final exam for credit students.** 1:00-4:00 p.m. in FH Auditorium.

The course is subsidized by the NCCF / RAC.