Important Announcements, Events, News & More!

Want to place an announcement or something you wish to share next month? Email Andrew Wetmore awetmore@nwcc.edu or call 860-738-6344
NEED FINANCIAL HELP?

DO YOU HAVE TECHNOLOGY NEEDS?
A FINANCIAL BURDEN OR DEFICIT THAT IS IMPACTING YOUR STUDIES?

The Northwestern Student Emergency Fund is here for you!

NSEF can provide financial assistance to students with immediate financial need.

For more information contact Ruth Gonzalez at rgonzalez@nwcc.edu

Connecticut FAFSA Days
(in collaboration with New Haven Promise & Higher Heights Youth Empowerment)

Dates:
- October 7, 6:30–8 p.m. (Open to all, virtual)
- October 21, 6:30–8 p.m. (Open to all, virtual)
- November 7, 10 a.m.–2 p.m. (New Haven FAFSA Day, in person, location to be determined)
- November 18, 6:30–8 p.m. (Open to all, virtual)
- December 16, 6:30–8 p.m. (Open to all, virtual)

Register: https://newhavenpromise.wufoo.com/forms/zgcswhz190ynoe/

Connecticut FAFSA Days are a collaborative series of workshops designed to connect students with trained facilitators in order to complete the FAFSA.
The NCCC Library is now offering Curbside Pick-Up!

Students may request books through the library catalog:
Go to https://www.nwcc.edu/library/ to access the catalog and place your request!

Curbside pickup instructions will be sent to your NCCC email. Also, please make sure that your phone number is correct in the Banner Self-Service portion of MyCommNet so library staff can contact you by phone as well as email.

Remember masks are required on campus.

Questions?
Call 860-738-6480 or email nw-librequests@nwcc.commnet.edu

Stay Informed!
https://www.nwcc.edu/coronavirus-info/
Jennifer attended NWCC from 1998 – 2000 with a focus on graphic design and fine arts. It was the support and encouragement that she found in this creative safe space that allowed her to believe she could make a living doing what she loved most, making art.

Jennifer’s most interested in composition and space arrangement, and as such, she enjoys a career in both interior design and as an artist, working typically with paints on canvas. Her artwork has been featured on the cover of HGTV Magazine, and sold through home furnishing stores such as West Elm and Boston Interiors. Jennifer also sells her art through her own on-line shop and Minted.com.

To learn more about Jennifer’s work, visit her Art Shop or Instagram account.
sometimesdivine.com
IG: @jenhallock
October 2020
Student Events

Details TBA!
• Tik Tok Challenge
• Live Chopped Cooking Competition
• Pumpkin Carving Contest
• Photo Scavenger Hunt

Sponsored By
Northwestern Connecticut Community College
STUDENT SENATE

UPCOMING STUDENT EVENTS

Need to take your mind off things?
Check out the Student Activities page online at:
https://www.nwcc.edu/activities/
Good to Know!

CENTER FOR STUDENT DEVELOPMENT

Personal Wellness Services

Our staff with Doctoral level psychologist assist students with psychological, social, emotional and personal concerns. Services include crisis counseling, short-term individual counseling support and referral resources. All services are free and confidential.

Should you find yourself in need of services, which included, but not limited to the listed below, please do not hesitate to contact, Ruth E Gonzalez, PhD, LPC, Director of Student Development at rgonzalez@nwcc.edu or 860.738.6315

Title IX and Sex Discrimination

No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.

We all experience different levels of mental health throughout our lives. In fact, half of us will deal with some type of mental health challenge over the course of our lifetime.

Throughout the year, the Substance Abuse and Mental Health Services Administration (SAMHSA), the National Alliance on Mental Illness (NAMI), the U.S. Department of Health & Human Services (DHHS) join the nationwide movement to raise awareness about mental health, domestic violence, suicide awareness, LGBT issues, sexual assault, fight stigma, educate the public, and advocate for policies that support people with mental illness and their families.

In support of the National Suicide Prevention Awareness Week (9/6-12), World Suicide Prevention Day (9/10) and National Recovery Month, all held in September, we are encouraging you to place a special focus on the intersection between suicide prevention, alcohol and drug use and general well-being.
Good to Know!

CENTER FOR STUDENT DEVELOPMENT

Personal Wellness Resources

Community Health and Wellness Center

Offers high quality and patient-centered environment, services are accessible and provided without discrimination, with cultural competence, and where all people matter regardless of their ability to pay.

Winsted
10 Center Street
860.489-0931

Torrington
469 Migeon Ave 06790
(860) 489-0931

Virtual Narcan trainings

Tue. 10/6 @ 12:00pm

Thurs. 10/22 @ 5:00pm

Naloxone is a medication approved by the Food and Drug Administration (FDA) designed to rapidly reverse opioid overdose. https://www.samhsa.gov/medication-assisted-treatment/medications-counseling-related-conditions/naloxone

To register please visit: http://nwcc.eventbrite.com

Emotional/Behavioral Health Online Support

ULifeline- Online Resource for College Mental Health http://www.ulifeline.org/NCCC/

MindWise Innovations- Offers online tools that provide guidance to those struggling with depression, opioid and substance use, anxiety, trauma, eating disorders, and more.

Free access to students https://screening.mentalhealthscreening.org/nwcc

National Alliance on Mental Illness

https://www.nami.org/home
Did You Know?

The Regina M. Duffy Administrative House

Built in 1865, the Regina M. Duffy House (Administrative Building) is the oldest occupied structure in the Connecticut State College System? Wild isn’t it?

Join the Student Senate!

- Meets every Tuesday at 12 noon in Online
- Helps organize campus-wide events
- Sponsors clubs and activities
- Determines use of the Student Activity Fund
- Voice of the Student Body

Interested? Contact Andrew Wetmore, Director of Student Activities at 860-738-6344 or awetmore@nwcc.edu
What is Happening!

The Spring 2021 Course Schedule is now online in MyCommNet.

If you are interested in taking an intersession class, those are listed in the spring term as well, check the course dates by scrolling to the right to view the “Dates” column.

Online registration for continuing students begins Monday, October 5th.

Thinking about withdrawing from a class?

Is one of your classes more difficult than you thought it would be? Or just not as interesting as you thought it would be? Are you falling behind in your assignments? If you are thinking about withdrawing from a class, TALK TO YOUR INSTRUCTOR first. They will be able to give you an idea of how you are doing overall and may be able to offer you suggestions for improvement and explain other options available to you such as tutoring that may be available at the Academic Success Center.

BEFORE you withdraw, consider the following:

- Withdrawing from a class can have an impact not only on your current funding (i.e. Financial Aid, Veteran’s benefits or Scholarships, etc.) but may also impact your FUTURE funding
- Withdrawing from a class will make you ineligible for Dean’s List Honors for that semester
- Too many “W’s” on your transcript can impact your ability to transfer to a four-year institution, acceptance into a particular degree program and/or acceptance into graduate school

If you still decide to withdraw from your class, you can withdraw online in MyCommNet or complete a Withdrawal Form. The last day to withdraw from classes is Tuesday November 10th.

https://www.nwcc.edu/appointments-for-advising-and-counseling-services/
What is Happening!

**NCCC Library**
- Open virtually while physically closed.

**The Book Drop is Open!**
- Please return borrowed items through the Book Drop.
- There are no overdue fines for returned items.

**How to Contact Us**
- Telephone (voice): 860-738-6480
- Chat with a Librarian available on the Library’s Webpage: nwcc.edu/library
- Email: nw-librequests@nwcc.commnet.edu
- Text-a-Librarian: 860-735-4623

**Curbside Pickup**
- Available by appointment

**3 Easy Steps**
1. Request items through the NCCC catalog.
2. Check your NCCC email for instructions.
3. Pick up your items on Curbside Pickup day.
What is Happening!

College Readiness for High School Seniors

The Connecticut College & Career Readiness Alliance (CCCRA) is working to help more students enroll in college. Now more than ever, collaboration is vitally needed to ensure our state’s students have access to the postsecondary opportunities that await them. Through a series of coordinated events, we are working to give 12th graders the resources they need in order to successfully navigate the college process. To learn more, visit CCCRA.

Successfully Navigating FAFSA Completion during COVID

Date: September 30, 2020, 10 –11 a.m.

Register: https://attendee.gotowebinar.com/register/3114414374388972558

FAFSA completion is one of the most critical tasks for students planning to pursue a postsecondary degree or credential. Facilitating FAFSA completion under the best of circumstances can be challenging; the pandemic has introduced even more hurdles. FAFSA completion is an equity issue and using student-level FAFSA completion data is critical to ensuring that all students complete the form. In this webinar we will recap the CSDE’s FAFSA Opt-In via EdSight Secure, discuss statewide FAFSA priorities, review Federal Updates to the FAFSA and process, and highlight proven strategies to increase FAFSA completion efforts.

Objectives

- Understand how to use EdSight Secure to retrieve FAFSA completion data
- Learn how to use EdSight Secure FAFSA Data to target noncompleters
- Understand federal updates to the FAFSA and FSA ID
- Learn strategies to start or enhance FAFSA completion in your schools and community
- Understand how the CSDE is prioritizing FAFSA completion and accountability to achieve statewide workforce goals

Presenters

- David Alexandro, Ph.D, Education Consultant
- Dr. Chaka Felder-McEnire, Higher Heights Youth Empowerment
- Chris Soto, Director of Innovation & Partnerships

Connecticut FAFSA Days

(In collaboration with New Haven Promise & Higher Heights Youth Empowerment)

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What is Happening!

College Readiness for High School Seniors

NACAC Virtual College Fairs

Dates:
- Monday, October 12, 1–9 p.m. (or download PDF version) See which colleges will be there.
- Sunday, October 18, 12–8 p.m. (or download PDF version) See which colleges will be there.
- Sunday, November 8, 2–10 p.m. (or download PDF version) See which colleges will be there.

Log in on these fair dates to meet with 600+ colleges and universities. They’ll be online to talk with high school juniors and seniors. Each virtual fair is a free, one-day event. Attend as often as you like. Parents are invited, too. Simply sign up at virtualcollegefairs.org now and register for one or more fairs. On the event date, use your phone or computer to log in. Learn, connect, ask questions, and discover your best college fit!

Connecticut College Application Day
(in collaboration with Higher Heights Youth Empowerment and NECBAC—Northeast Consortium Bridging Access to College)

Date: October 24, 2020, 10 a.m.–12:30 p.m.

Register: https://attendee.gotowebinar.com/register/7115186443656669966

Connecticut College Application Day is an opportunity for high school seniors to receive expert assistance in completing their college applications with the intent to increase college enrollment for Connecticut students. This event will bring together professionals from Colleges and Universities around New England to help students achieve their postsecondary dreams.

There will be a total of nine workshops, each 25 minutes with three-minute transitions.